




executive gourmet

by  Gategourmet

a gategroup member 

going the extra mile for you.

GATE GOURMET IRELAND

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This menu list is only indicative. Please ask your local Executive Gourmet representative for choice and availability.

Breakfast



Continental

- 1 Baker basket composed of mini croissant, mini pain au chocolat and mini Danish pastry
- 2 Bread roll (two pieces per person)
- 3 Jams and butter
- 4 Oat cereals and yoghurt , red berries compote
- 5 Selection of Irish cheeses and local cold cuts
- 6 Fresh squeezed orange juice
- 7 Selection of fresh muffins

Irish

- 1 Grilled Irish bacon
- 2 Grilled Irish sausages (non pork available)
- 3 Grilled tomato
- 4 Grilled mushroom
- 5 Hashbrown
- 6 Toast
- 7 Fresh squeezed juice

Starters & Platters



Selection of starters

- 1 Buffalo Mozzarella
Slow roasted tomato, pesto, ciabatta
- 2 Irish smoked salmon
Capers, red onion, soda bread
- 3 Assorted cold cuts
Pickles, grilled artichokes, olives
- 4 Grilled marinated antipasti
Pepper, eggplant, courgette and artichoke
- 5 Cocktail with King prawns
Mango and cocktail sauce
- 6 Selection of seafood served on tray
Fresh locally sourced Irish seafood
- 7 Arabic Mezze
Tabouleh, hummus, vine leaves, Arabic bread, babaganoush

Dips

- 1 Herbs and sour cream
- 2 Tzatziki
- 3 Mild curry
- 4 Cocktail
- 5 Pesto
- 6 Horseradish
- 7 Tartar

Platters

- 1 Selection of freshly sliced fruit
Regular or tropical
- 2 Selection of artisan Irish cheese
Cheese, Crackers, Dried fruit, Grapes
- 3 vegetables crudités
Crème fresh dip, humus

Selection of salads



Salads

- 1 Young rucola
Tomato dressing, chargrilled wild asparagus, roasted pine nuts
- 2 Caesar salad
Little gem lettuce, crispy croutons, Kalamata olives, parmesan and cherry tomato with or without fresh grilled chicken
- 3 Greek salad
Fresh mint, parsley, cucumber and citrus marinated feta cheese
- 4 Young baby leaves
Roasted pine nuts, cherry tomatoes, pesto dressing

Dressings

- 1 Blue cheese dressing
- 2 Caesar dressing
- 3 Balsamic and extra virgin olive oil
- 4 Wholegrain mustard

Canapés



Hot canapés

- 1 Selection of hot finger food
Mini quiche, mini pizza, mini chicken beef or prawn skewers
- 2 Mini oriental snacks
Chicken or vegetarian spring roll with chilly sauce, Indian samosa, falafel, vegetable purse, lentil and quinoa croquette

Cold canapés

- 1 Cured prosciutto ham and melon
- 2 Marinated grilled Dublin Bay prawn
- 3 Irish cheese with dried fruit
- 4 Smoked Salmon with lemon and dill garnish
- 5 Mini mozzarella tomato and basil caprese

Sandwiches & Soup



Sandwich feelings

- 1 Irish smoked salmon with cream cheese
- 2 Egg and rocket salad
- 3 Tuna slightly spicy with chive and salad
- 4 Grilled chicken breast, sundried tomato
- 5 Mature Irish cheddar with chutney
- 6 Grilled vegetables, mozzarella and humus
- 7 Honey roast ham and mustard, young salad leaves

Soups

- 1 Mushroom
- 2 Country vegetable
- 3 Leek and potato
- 4 Tomato and basil
- 5 Asparagus

Type of bread*

- 1 Mini French baguette : classic, wholemeal, olive, tomato
- 2 Bread roll : white, multigrain and wholemeal
- 3 Mini roll : white and assorted
- 4 Mini bagel
- 5 Tortilla wrap
- 6 Club : classically served in triangle
Chicken, smoked salmon, cheese and tomato
- 7 Toast bread selection

Main Courses



Beef

- 1 Fillet steak pan roasted as you wish
Grilled asparagus, mashed potato
- 2 Beef Stroganoff
Basmati steamed rice

Lamb

- 1 Rack of Irish lamb
Herb crust, rosemary sauce, seasonal vegetables
- 2 Chargrilled lamb cutlets
Gravy, roasted root vegetables and wilted spinach

Chicken

- 1 Grilled rosemary chicken breast
Rosemary sauce, roasted potato and steamed vegetables
- 2 Baby chicken roasted Cajun style
Leek gratin and baby potato

Fish

- 1 Chargrilled salmon
Virgin sauce, ratatouille, olive oil and crushed potato
- 2 Herb crusted cod
Green pea and gratin of penne rigate
- 3 Sea bass
Lemon sauce, saffron rice and braised mini fennel
- 4 Dublin Bay Prawn
Spicy tomato sauce, wild rice and mange tout

Pasta

- 1 Fresh filled pasta
Porcini or cheese sauce
- 2 Tagliatelle, penne rigate and spaghetti
Sauce : bolognese, marinara, arrabiata,
- 3 Homemade vegetarian lasagna

Sides

- 1 Steamed vegetables
Oyster mushroom, zucchinis, asparagus, mange tout and sweetcorn
- 2 Grilled vegetables
Mini bell peppers, aubergine, courgette and asparagus
- 3 Potatoes
Potato gratin, sautéed, mashed, Lyonnais, baby potato or oven baked
- 4 Steamed rice
Jasmin, basmati or biryani
- 5 Grilled asparagus
- 6 Pan fry carrots
- 7 Leek gratin
- 8 Creamy polenta

Sauces

- 1 Rosemary
- 2 Four peppercorn
- 3 Lemon sauce
- 4 Dill sauce
- 5 Cranberry sauce
- 6 Spicy tomato sauce

Desserts



Desserts

- 1 American pancake with red berries or maple syrup
- 2 Crumble apple pie
- 3 Chocolate mousse
- 4 Lemon tart
- 5 Double chocolate gateaux
- 6 Fresh baked cookies
- 7 Fresh selection of muffins
- 8 Assorted petit fours
- 9 Ice Cream
Bourbon vanilla, toasted nuts

Sauces and coulis

- 1 Rich chocolate
- 2 Vanilla custard
- 3 Raspberry and red berries
- 4 Fresh cream
- 5 Chocolate fudge
- 6 Butterscotch

Beverages



Fresh Juices

- 1 Carrot juice
- 2 Grapefruit juice
- 3 Orange juice
- 4 Apple juice
- 5 Tomato juice

Hot drinks

- 1 Coffee
- 2 Arabica coffee
- 3 Hot water
- 4 Tea
Irish Breakfast, herbal, fruit

Water and soft drinks

- 1 Still water
- 2 Sparkling water
- 3 Coke, Diet coke
- 4 Sprite, Ginger Ale, Soda Water, Tonic water

Concierge & Other Services



To make your life easier

- 1 Wet ice
- 2 Dry ice
- 3 Styrofoam box
- 4 Whole lemon / orange / lime
- 5 Sliced lemon / orange / lime

Toiletries

- 1 Hot towels
- 2 Kleenex
- 3 Gloves
- 4 Napkins
- 5 Refreshing wipes
- 6 Toilet rolls
- 7 Bags

Newspapers

- 1 Irish Independent
- 2 Irish Times

Groceries

- 1 Jam
- 2 Honey
- 3 Sugar sachet
- 4 Creamer
- 5 Nuts
- 6 Potato crisps

Equipment

- 1 Drinking cups
- 2 Coffee spoon
- 3 Thermos
- 4 Kitchen towel
- 5 Serving dishes
- 6 Bread basket
- 7 Ziploc bags

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