



executive gourmet

by  Gategourmet

a gategroup member 

going the extra mile for you.

HONG KONG

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This menu list is only indicative. Please ask your local Executive Gourmet representative for choice and availability.

Breakfast



Breakfast selection

		portion
1	Spinach omelette	150gr
2	Ham & cheese omelette	150gr
3	Tomato & cheese omelette	150gr
4	Mushrooms omelette	150gr
5	Plain omelette	150gr
6	Fruit Muesli	200gr
7	Poached eggs	2 pcs
8	Thick pancake	1 pc
9	Veal sausage	1 pc
10	Emmenthaler sausage	1 pc
11	Smoked pork loin	100gr
12	Steaky bacon	1 pc
13	Cherry tomato	50gr
14	Grilled tomato	1 pc
15	Sautéed spinach	100gr
16	Sautéed mixed mushrooms	100gr
17	Panfried banana	100gr
18	Mixed fresh fruit & salad	100gr
19	Dried scallop congee	1 Lt
20	Duck or chicken congee	1 Lt
21	Assorted dim sum	16 pcs
22	Hash brown potato	1 pc
23	Bircher muesli	1 set
24	Scrambled eggs and asparagus with salmon	1 set
25	Croque Monsieur	1 set
26	Ham and cheese croissant	1 set
27	Crepe fillings with pancake/hotcake	1 set

Complementary items

		portion
1	Butter	10gr
2	Margarine	10gr
3	Jam strawberry	28gr
4	Jam orange marmalade	28gr
5	Honey jar	28gr
6	Ice cream Haagen Dazs	Pint
7	Ice cream Haagen Dazs	100ml
8	Fruit or natural yoghurt	100gr
9	Sugar sachet	1 pc
10	Coffee creamer	1 pc
11	Single cracker pack	2 pcs
12	Mini Toblerone chocolate	1 pc
13	Herb tea, Chinese or English tea	1 box
	box	

Breads & Crackers



Bread

	portion	
1	Croissant	1 pc
2	Sesame round roll	1 pc
3	Multi corn roll	1 pc
4	Whole wheat roll	1 pc
5	Multigrain	1 pc
6	Light sour dough	1 pc
7	Mini croissant	1 pc
8	Focaccia triangle (place order one day before)	1 pc
9	Plain Naan bread or pita bread	1 pc
10	Gold corn roll	1 pc
11	Hard roll	1 pc
12	Rye roll	1 pc
13	Mini baguette	1 pc
14	Poppy seed roll	1 pc
15	Banana muffin	1 pc
16	Blueberry muffin	1 pc
17	Lemon muffin	1 pc
18	Bagel	1 pc
19	Garlic bread	180gr
20	Toast	1 pc
21	Brown or white bread	1 pc
22	Whole wheat loaf	1 pc

Crackers

	portion	
1	Apricot/Peach/Pear Danish	1 pc
2	Cinnamon Danish	1 pc
3	Apple square Danish	1 pc
4	Almond Danish	1 pc
5	Cracker boxes	1 pc
6	Assorted cookie tray	1 pc

Complementary items

	portion	
1	Butter	10gr
2	Margarine	10gr
3	Jam strawberry	28gr

Canapés & Sandwiches



Cold and hot canapés

	portion	
1	Air-dried beef with pickle fan	15gr
2	Smoked chicken breast w orange	15gr
3	Parma ham with melon	15gr
4	Smoked salmon pinewheel	15gr
5	Tartshell with cream cheese	15gr
6	Turkey mousse with tomato	15gr
7	Smoked salmon rose	15gr
8	Tartshell with crabmeat salad	15gr
9	Spice shrimp on tartshell	15gr
10	Grilled vegetable skewer	15g
11	Caviar canapé	15g
12	Grape tomato with Balik salmon	15g
13	Gooseliver terrine	15g
14	Smoked duck breast with mango	15g
15	Roasted beef with pickle	15g
16	Smoked salmon with capers	15g
17	Marinated prawns	15g
18	Assorted sushi	6 pcs
19	Spring rolls	large
20	Assorted Satay	6 pcs
21	Sesame prawns toast	1 pc
22	Fried prawn	1 pc
23	Mini spring roll	1 pc
24	Vegetable Samosa	1 pc
25	Chicken tikka	1 pc
26	Crabmeat stuffed mushroom	1 pc
27	Quiche Lorraine	1 pc
28	Chicken pie	1 pc
29	Chicken Yakitori	1 pc

Sandwiches

	portion	
1	Ham and cheese	400gr
2	Beef pastrami	400gr
3	Egg mayonnaise	400gr
4	Chicken teriyaki	400gr
5	Tuna mixed	400gr
6	Ham mousse	400gr
7	Smoked chicken	400gr
8	Roasted beef	400gr
9	Smoked salmon	400gr
10	Cheese with pickle	400gr
11	Salami slice	200gr
12	Curry egg mayonnaise	400gr
13	Grilled vegetable	400gr
14	Shrimp with cream Thai sauce	400gr
15	Turkey with cranberry sauce	400gr
16	Chicken tikka	400gr
17	Portobello mushroom with tomato jam	400gr
18	Parma ham	400gr
19	Boconcini cheese with tomato & pesto	400gr
20	Poached salmon with wasabi mayonnaise	400gr
21	Duck with Szechuan sauce	400gr

Cheese & Fruits



Cheese and fruits

portion

1	Cheese tray (4 types)	400gr
2	Fruit tray (4 types)	800gr
3	Cheese & fruit tray	800gr
4	Fruit basket (6-8 types)	1 bsk
5	Berries tray	400gr
6	Mixed fresh fruits salad	100gr
7	Apple	1 pc
8	Orange	1 pc
9	Lemon	1 pc
10	Lime whole or sliced	1 pc
11	Banana	1 pc
12	Mango	1 pc
13	Grape	1 kg
14	Melon	1 pc
15	Tomato / potato / onion	1 pc
16	Lettuce	1 pc
17	Cucumber	1 pc
18	Yellow / green / red pepper	1 pc
19	Egg raw	1 pc
20	Blueberry and strawberry (in small box)	100gr
21	Avocado	1 pc

Salads, Sauces & Cold Cuts



Salads

		portion
1	Salad mixed green	300gr
2	Salad pasta	300gr
3	Salad chicken sesame	300gr
4	Salad cucumber	300gr
5	Salad mixed bean	300gr
6	Salad Waldorf	300gr
7	Salad tuna spicy	300gr
8	Salad Aida	300gr
9	Salad coleslaw	300gr
10	Salad potato	300gr
11	Grilled chicken ceasar salad	300gr
12	Salad ceasar	300gr
13	Salad seafood	300gr
14	Salad avocado tomato	300gr
15	Salad marinated vegetables	300gr
16	Salad Cajun chicken	300gr
17	Salad crab meat	300gr

Sauces and dressings

		portion
1	Cocktail sauce	150ml
2	Mayonnaise	150ml
3	French dressing	150ml
4	Thousand Island dressing	150ml
5	Vinaigrette dressing	150ml
6	Blue cheese dressing	150ml

Cold cuts

		portion
1	Ham	100gr
2	Beef Pastrami	100gr
3	Roasted beef	100gr
4	Smoked salmon	100gr
5	Salami slice	100gr
6	Smoked chicken	100gr
7	Shrimp cocktail	200gr
8	Tiger prawn cocktail	200gr
9	Farmhouse terrine	200gr
10	Poached salmon roll	200gr
11	Prawn & scallop skewer	200gr
12	Lobster	200gr
13	Mixed seafood	200gr

Main Courses



Western Style

		portion
1	Grilled fillet steak with traditional sauce	250gr
2	Roast lamb rack with herbs lamb sauce	250gr
3	Pan fried lamb chop with rosemary sauce	250gr
4	Roast duck breast with Calvados sauce	250gr
5	Sautéed duck breast with kumquats sauce	250gr
6	Chicken curry	250gr
7	Chicken breast with herb crust Tarragon sauce	250gr
8	Grilled chicken breast with gravy	250gr
9	Coq au Vin (chicken in red wine sauce)	250gr
10	Grilled salmon with herb butter	250gr
11	Sautéed prawns in Provençale style	250gr
12	Pan fried Ling fish with jack fruit sauce	250gr
13	Poached grouper with lemon capes sauce	250gr
14	Roast baby spring chicken	whole
15	Spaghetti Bolognese	250gr
16	Grilled sliced lobster with herb butter	
17	Lasagne w tomato concasse meat sauce	250gr

Asian Style

		portion
1	Sautéed beef with oriental black pepper sauce	250gr
2	Rainbow beef	250gr
3	Braised beef with turnip	250gr
4	Three Cup chicken	250gr
5	Sliced chicken in Sichuan sauce	250gr
6	Sweet & sour chicken	250gr
7	Braised duck with chestnut	250gr
8	Poached salmon w black bean sauce	250gr
9	Sautéed prawns with hot bean sauce	250gr
10	Fried Ling fillet with sweet & sour dark sauce	250gr
11	Sautéed grouper in XO sauce	250gr
12	Sweet and sour pork	250gr
13	Scallop egg white fried rice	250gr
14	Sliced Peking duck with chinese pancake	250gr
15	Steamed Tiger grouper with chilli & spring onion	250gr
16	Deep fried crispy chicken w tea leaves	250gr
17	Sautéed scallops with XO sauce, wild mushrooms and fungers	250gr
18	Sautéed chicken with Chinjew sauce	250gr
19	Baked Tiger prawns with soy sauce	250gr
20	Baked Tiger prawns with salty egg in Chiu Chow style	250gr
21	Stir fried lamb fillet slice with onions	250gr
22	Sliced beef fillet in hot chilli sauce	250gr
23	Pan fried Seabass with savory black bean topping & chinese ham	250gr
24	Fried sliced chicken with Pearl leaf in spicy sauce	250gr

Vegetarian Meals & Vegetable Garnishes



Vegetarian hot dishes

		portion
1	Lo Han vegetables with noodles	300gr
2	Lasagne with tomato concasse & asparagus	300gr
3	Mushroom & eggplant lasagne with tomato herb sauce	300gr
4	Fettuccine with herb cream sauce, sautéed artichokes & mixed mushrooms	300gr
5	Saffron rice (yellow rice) with vegetables & bean curd	300gr
6	First class dinner Kosher meal – duck	1 set
7	First class snack Kosher meal	1 set

Vegetable garnishes

		portion
1	Asian mixed vegetables	80gr
2	Baby carrots or carrot	80gr
3	Broccoli	80gr
4	Carrot flower	80gr
5	Chateau carrot or pumpkin	80gr
6	Chinese broccoli	80gr
7	Chinese green	80gr
8	Green beans	80gr
9	Mixed capsicum	80gr
10	Red capsicum	80gr
11	Sautéed eggplant	80gr
12	Seasonal vegetables	80gr
13	Snap pea	80gr
14	Turnips	80gr
15	Zucchini slice	80gr
16	Asparagus	80gr
17	Crudités with dip (4-6 people)	160gr
18	Fresh cauliflower	80gr
19	Creamy spinach	80gr
20	Wilted spinach	80gr
21	Roasted baby tomatoes	80gr
22	Eggplant hazelnut	80gr
23	Eggplant puree	80gr
24	Braised leek	80gr
25	Roasted pumpkin	80gr
26	Mushroom Ragout	80gr
27	Ratatouille	80gr

Special Menus



Special menu

		portion
1	Braised seabass with abalone, Sumiji & fried rice	300gr
2	Braised fresh garoupa fillet with flower mushroom, vegetables & rice	300gr
3	Sautéed lobster in shell with Sherry herb sauce, roasted vegetables & papardelle	300gr
4	Lobster Thermidor with buttered Jade rice	300gr
5	Stir fried scallops with cashew, celery & XO sauce	300gr
6	Grilled spicy Tiger prawns served with herb butter & Angels Hair pasta	300gr
7	Grilled jumbo scallop & prawns with lobster cream sauce	300gr
8	Stir fried lobster with green asparagus & wolfberry	300gr
9	Grilled fillet of beef with fresh goose liver & Madeira sauce	300gr

Starches & Soup



Starches

	portion
1 Steamed rice	150gr
2 Egg fried rice	150gr
3 Yeung Chow fried rice	150gr
4 Fried rice with Conpoy & egg white	150gr
5 Salted egg and minced pork congee	300gr
6 Chicken and abalone congee	300gr
7 Seafood congee	300gr
8 Roast new potatoes	150gr
9 Roasted potatoes w herbs	150gr
10 Lyonnaise potatoes	150gr
11 Berny potatoes	150gr
12 Boiled potatoes	150gr
13 Duchess potatoes	150gr
14 Corn patties	150gr
15 E-Fu noodles	150gr
16 Tagliatelle	150gr
17 Buttered noodles	150gr

Soup (Asian style)

	portion
1 Double boiled mushroom soup with bamboo bite and fungus	1 Lt
2 Mushed vegetable soup with egg white	1 Lt
3 Hot and sour soup	1 Lt
4 Tom Yam Kung soup	1 Lt
5 Double boiled shark fin's soup with chicken and brassica heart	1 Lt
6 Abalone chicken soup with green vegetables	1 Lt
7 Sweetened sago and mango soup	1 Lt

Soup (Western style)

	portion
1 Sweet corn crab soup	1 Lt
2 Potatoes and leek soup	1 Lt
3 Tomato soup	1 Lt
4 Beef consommé	1 Lt
5 Chicken consommé	1 Lt
6 Carrots and coriander soup	1 Lt
7 Cream of asparagus soup	1 Lt
8 Lobster bisque	1 Lt
9 Cream of spinach soup	1 Lt
10 Cream of mushroom soup	1 Lt
11 Vegetable beef soup	1 Lt
12 Minestrone soup	1 Lt
13 French onion soup	1 Lt
14 Borsch	1 Lt
15 Lentil soup	1 Lt
16 Celery cucumber and dill soup	1 Lt
17 Broccoli and blue cheese soup	1 Lt
18 Cauliflower and mustard soup	1 Lt
19 Pumpkin and ginger soup	1 Lt
20 Carrots, orange and dill soup	1 Lt
21 Potato leek and truffle soup	1 Lt
22 Gazpacho	1 Lt

Desserts



Dessert (slice)

	portion
1	Cheese cake 80gr
2	Apple crumble tart 80gr
3	Wild berry crumble tart 80gr
4	Tiramisu cake 80gr
5	Mango pudding with fruits 80gr
6	Lemon curd tart 60gr
7	Fresh fruit tart 100gr
8	Peach custard tart 80gr
9	Chocolate cheese cake 80gr
10	Black and white chocolate mousse cake 80gr
11	Lemon chiffon cake 80gr
12	Chocolate truffle cake 80gr
13	Coconut chocolate cake 80gr
14	Almond apple pie 80gr
15	Passion fruit cake 80gr
16	Baked fruit filo parcel with apricot sauce 80gr
17	Brownie chocolate cake 80gr
18	Chestnut cake 80gr
19	Marble cheese mousse cake 80gr
20	Jivara and red fruit mousse cake 80gr
21	Black forest cake 80gr
22	Mango caramel cake 80gr

Dessert (whole cake)

	portion
1	Cherry coconut cake 450gr
2	Chocolate mousse cake with fresh fruits 450gr
3	Fresh fruit cake 450gr
4	Tiramisu cake 450gr
5	Fresh fruits tartlet 450gr
6	Brownie chocolate cake 450gr
7	Chestnut cake 450gr
8	Marble cheese mousse cake 450gr
9	Jivara and red fruits mousse cake 450gr
10	Mango caramel cake 450gr

Beverages



Juice

	portion
1 Fresh orange juice	1 Lt
2 Fresh grapefruit juice	1 Lt
3 Fresh apple juice	1 Lt
4 Fresh mango juice	1 Lt
5 Fresh guava juice	1 Lt
6 Fresh strawberry juice	1 Lt
7 Fresh carrot juice	1 Lt
8 Fresh watermelon juice	1 Lt
9 V-8 mixed vegetables juice can	355ml

Soft drinks & water

	portion
1 Coca-Cola / Diet Coke	355ml
2 Sprite / Diet Sprite	355ml
3 Soda water / Tonic water / Ginger Ale	355ml
4 Evian mineral water	1.5 Lt
5 Evian mineral water	1 Lt
6 Evian mineral water	500ml
7 Evian mineral water	330ml
8 Perrier mineral water	330ml
9 V-8 mixed vegetables juice can	355ml

Coffee & milk

	portion
1 Instant coffee	50g
2 Coffee cream	1 Lt
3 Fresh milk	1 Lt
4 Fresh milk	473ml
5 Fresh milk	236ml
6 Skim milk	1 Lt
7 Skim milk	473ml
8 Skim milk	236ml
9 Low fat milk	1 Lt

Alcohol

	portion
1 Asahi beer	335ml
2 Heineken beer	335ml
3 San Miguel beer	335ml
4 Budweiser	335ml
5 Pabst Blue Ribbon	335ml
6 Tiger beer	330ml
7 Tsing Tao beer	335ml
8 Foster beer	335ml

Miscellaneous & Disposable Equipment



Miscellaneous

	portion
1 Dry ice	1 kg
2 Newspapers local <i>SCMP, Apple Daily, Oriental Daily</i>	1 pc
3 Newspapers imported <i>USA Today, Asian Wallstreet, Herald Tribune, Financial Time, The Sun, New York Times (subject to availability), London Times (subject to availability)</i>	1 pc
4 Local or international magazine	1 pc
5 Laundry service	
6 Flower arrangements	

Disposable equipment

	portion
1 Disposable cup	1 pc
2 Disposable cutlery set	1 pc
3 Disposable plate	1 pc
4 Wooded chopstick	1 pc
5 Toilet roll	1 pc
6 Kitchen towel roll	1 pc
7 Paper cocktail napkin box	1 pc
8 Paper napkin box	1 pc

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